

25. Nanstein Berglauf 2023 Landstuhl 18.03.2023

| Platz | StNr. | Name/Vorname | Verein/Wohnort | Jahrg. | PIAK | Zeit | Punkte |
|-------|-------|-------------------------|--------------------------------|--------|--------|---------|----------|
| 1. | 777 | Nies, Lennart | TV Maikammer | 1986 | 1.M35 | 0:26:13 | 288.1461 |
| 2. | 880 | Nies, Eric | TV Maikammer | 1999 | 1.M20 | 0:26:57 | 280.6827 |
| 3. | 807 | Kries, Maximilian | LLG Landstuhl | 1994 | 2.M20 | 0:27:25 | 276.0538 |
| 4. | 787 | Becker, Jens | TV Lemberg | 1980 | 1.M40 | 0:27:39 | 273.6954 |
| 5. | 745 | Janzer, Jonas | 1. FC Kaiserslautern | 1989 | 1.M30 | 0:28:11 | 268.4039 |
| 6. | 879 | Job, Marcel | TV Maikammer | 1982 | 2.M40 | 0:28:21 | 266.7796 |
| 7. | 769 | Bernardon, Ramon | LTF Marpingen | 1979 | 3.M40 | 0:28:39 | 263.8105 |
| 8. | 808 | Barnsteiner, Alexander | LLG Landstuhl | 1974 | 1.M45 | 0:28:44 | 262.8906 |
| 9. | 825 | Heuer, Tom | TuS 06 Heltersberg | 1970 | 1.M50 | 0:28:59 | 260.4141 |
| 10. | 830 | Brunner, Raphael | TS Rodalben | 1989 | 2.M30 | 0:29:11 | 258.3832 |
| 11. | 752 | Andes, Matthias | 1. FC Kaiserslautern | 1987 | 2.M35 | 0:29:39 | 253.794 |
| 12. | 749 | Tindall, Andy | TuS 06 Heltersberg | 1961 | 1.M60 | 0:29:58 | 250.5894 |
| 13. | 829 | Drabold, Matthias | LC Haßloch | 1985 | 3.M35 | 0:30:00 | 250.3459 |
| 14. | 836 | Ahrens, Sascha | Sembach | 1986 | 4.M35 | 0:30:14 | 247.9675 |
| 15. | 820 | Lorenz, Patric | | 1974 | 2.M45 | 0:30:16 | 247.6681 |
| 16. | 839 | Müller, Thorsten | Running Lifeguards | 1978 | 3.M45 | 0:30:32 | 244.9734 |
| 17. | 753 | Christmann, Sascha | LC Donnersberg | 1979 | 4.M40 | 0:30:39 | 243.7608 |
| 18. | 723 | Mörschel, Frank | SG Walldorf Astoria | 1972 | 2.M50 | 0:30:55 | 241.0821 |
| 19. | 826 | Joa, Bernhard | TSV Lambrecht | 1977 | 4.M45 | 0:30:58 | 240.5978 |
| 20. | 736 | Sch lindwein, Florian | TV Maikammer | 1980 | 5.M40 | 0:31:03 | 239.7945 |
| 21. | 831 | Wintringer, Sebastian | BSG Biomed Homburg e.V. | 1988 | 5.M35 | 0:31:04 | 239.5695 |
| 22. | 721 | Löscher, Felix | Mannheim | 1988 | 6.M35 | 0:31:21 | 236.7998 |
| 23. | 864 | Tschoepke, Lukas | TC 1964 Rockenhausen | 1991 | 3.M30 | 0:31:22 | 236.7035 |
| 24. | 837 | Rheinheimer, Lukas | TV Rodenbach | 1989 | 4.M30 | 0:31:50 | 231.9009 |
| 25. | 853 | Ast, Gerold | | 1969 | 3.M50 | 0:31:59 | 230.4322 |
| 26. | 885 | Rheinheimer, Marc | 1. FC Kaiserslautern Triathlon | 1987 | 7.M35 | 0:32:01 | 230.2075 |
| 27. | 741 | Ritter, Frank | Global Runner | 1964 | 1.M55 | 0:32:05 | 229.4682 |
| 28. | 876 | Transier, Joachim | TV Maikammer | 1965 | 2.M55 | 0:32:07 | 229.2024 |
| 29. | 886 | Müller, Maximilian | LAG Saarbrücken | 1986 | 8.M35 | 0:32:42 | 223.2936 |
| 30. | 773 | Schumacher, Achim | LAZ Mosbach-Elztal | 1963 | 2.M60 | 0:33:03 | 219.8416 |
| 31. | 726 | Joniks, Alexander | SV Steinwenden | 1988 | 9.M35 | 0:33:13 | 218.2127 |
| 32. | 732 | Rothfuchs, Moritz | VfL Etschberg 1932 | 1988 | 10.M35 | 0:33:15 | 217.7632 |
| 33. | 720 | Reis, Michael | Team BeginnerTrails | 1976 | 5.M45 | 0:33:55 | 211.0661 |
| 34. | 767 | Raab, Marion | VT Contwig | 1974 | 1. W45 | 0:34:07 | 209.1947 |
| 35. | 835 | Manz, Yvonne | TV Maikammer | 1974 | 2. W45 | 0:34:21 | 206.8901 |
| 36. | 788 | Matheis, Josefa | TSG Eisenberg | 1966 | 1. W55 | 0:34:32 | 204.988 |
| 37. | 724 | Lacmann, Christian | Winnweiler | 1979 | 6.M40 | 0:34:40 | 203.6004 |
| 38. | 789 | Matheis, Fabio | TSG Eisenberg | 1999 | 3.M20 | 0:34:51 | 201.8251 |
| 39. | 762 | Balzulat, Jochen | TUS Otterbach | 1967 | 3.M55 | 0:34:53 | 201.4001 |
| 40. | 806 | Berberich, Hans-Joachim | LLG Landstuhl | 1967 | 4.M55 | 0:34:56 | 201.0321 |
| 41. | 866 | Geng, Alexander | Fraunhofer ITWM (BV) | 1996 | 4.M20 | 0:35:08 | 199.0373 |
| 42. | 865 | Bosnar, Lovro | Fraunhofer ITWM (BV) | 1996 | 5.M20 | 0:35:09 | 198.8269 |
| 43. | 782 | Kirsch, Anna | TSG Eisenberg | 1986 | 1. W35 | 0:35:10 | 198.6837 |
| 44. | 790 | Wieg, Frank | TV Bad Bergzabern | 1974 | 6.M45 | 0:35:14 | 197.959 |
| 45. | 754 | Gerigk, Michael | LT Olympia Ramstein | 1962 | 3.M60 | 0:35:15 | 197.8243 |
| 46. | 856 | Bier, Andreas | Altenglan | 1971 | 4.M50 | 0:35:26 | 195.9334 |
| 47. | 743 | Reile, Anton | TV Rodenbach | 1958 | 1.M65 | 0:35:28 | 195.6354 |
| 48. | 744 | Seel, Claudia | LC Rehlingen | 1972 | 1. W50 | 0:35:30 | 195.3674 |
| 49. | 730 | Mörsch, Patrick | ASV Winnweiler | 1986 | 11.M35 | 0:35:34 | 194.6977 |
| 50. | 761 | Grimm, Manfred | SV Rohrbach/S. | 1957 | 2.M65 | 0:35:39 | 193.7903 |
| 51. | 847 | Hach, Johannes | RV Blitz Oberbexbach | 1989 | 5.M30 | 0:35:42 | 193.2738 |

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|-------|-------|-----------------------|------------------------------------|--------|----------|---------|----------|
| 52. | 757 | Hadbawnik, Frank | TV Rodenbach | 1972 | 5.M50 | 0:35:48 | 192.3891 |
| 53. | 783 | Sandmaier, Jürgen | LT Rheinhessen-Pfalz | 1959 | 4.M60 | 0:35:57 | 190.8326 |
| 54. | 809 | Mayer, Katja | LLG Landstuhl | 1971 | 2. W50 | 0:36:01 | 190.1231 |
| 55. | 812 | Lenhart, Joachim | Schwedelbach | 1970 | 6.M50 | 0:36:03 | 189.8093 |
| 56. | 791 | Appel, Wolfgang | TV Maikammer | 1968 | 5.M55 | 0:36:07 | 189.2059 |
| 57. | 742 | Strecke, Linus | Mainz | 1997 | 6.M20 | 0:36:17 | 187.5551 |
| 58. | 851 | Jeric, Sascha | TSG Kaiserslautern | 1976 | 7.M45 | 0:36:27 | 185.8601 |
| 59. | 722 | Nothof, Joey | LC Donnersberg | 1974 | 8.M45 | 0:36:39 | 183.746 |
| 60. | 815 | Klein, Peter | LCO Edenkoben | 1957 | 3.M65 | 0:36:47 | 182.4186 |
| 61. | 884 | Edel, Laura | | 1993 | 1. W30 | 0:36:48 | 182.2585 |
| 62. | 779 | Laborenz, Frank | TV Rodenbach | 1968 | 6.M55 | 0:36:59 | 180.5725 |
| 63. | 800 | Weygand, Marcus | Back To Nature | 1990 | 6.M30 | 0:37:00 | 180.3 |
| 64. | 786 | Falkenstein, Jürgen | TV Maikammer | 1968 | 7.M55 | 0:37:06 | 179.3867 |
| 65. | 838 | Pitschi, Patrick | Erdinger Activ Team/Fit in Lautern | 1974 | 9.M45 | 0:37:23 | 176.5608 |
| 66. | 718 | Yoshinaga, Misaki | LT Rheinhessen-Pfalz | 1984 | 2. W35 | 0:37:36 | 174.3864 |
| 67. | 819 | Hochdörfer, Laura | TSG Maxdorf | 1994 | 1. W20 | 0:37:40 | 173.7027 |
| 68. | 848 | Zabanoff, Peter | Fit in Lautern e.V. | 1965 | 8.M55 | 0:37:41 | 173.5326 |
| 69. | 740 | Ballmann, Patrick | Pirmasens | 1982 | 7.M40 | 0:37:46 | 172.6915 |
| 70. | 823 | Bodenschatz, Mario | TuS 06 Heltersberg | 1969 | 7.M50 | 0:37:51 | 171.7783 |
| 71. | 875 | Erlenbach, Alexander | FV Kindsbach | 1981 | 8.M40 | 0:37:58 | 170.6512 |
| 72. | 785 | Falkenstein, Dorothea | TV Maikammer | 1968 | 2. W55 | 0:38:11 | 168.5426 |
| 73. | 748 | Neu, Christian | Kirchheimbolanden | 1992 | 7.M30 | 0:38:22 | 166.7538 |
| 74. | 854 | Weymann, Marcel | 1. FC Kaiserslautern | 1961 | 5.M60 | 0:38:32 | 165.0561 |
| 75. | 843 | Klos, Karl-Heinz | LC Donnersberg | 1952 | 1.M70 | 0:38:33 | 164.8449 |
| 76. | 719 | Cuntz, Karlheinz | LG Kapellen-Drusweiler | 1955 | 4.M65 | 0:38:40 | 163.6134 |
| 77. | 833 | Drumm, Gisbert | Battweiler | 1959 | 6.M60 | 0:38:55 | 161.2172 |
| 78. | 872 | Baumann, Sven | | 1984 | 12.M35 | 0:39:03 | 159.8333 |
| 79. | 780 | Berg, Isabelle | Otterbach | 1983 | 1. W40 | 0:39:12 | 158.3398 |
| 80. | 846 | Kaiser, Christian | TV Kübelberg | 1985 | 13.M35 | 0:39:13 | 158.2298 |
| 81. | 731 | Keßler, René | SV Nikar Heidelberg | 1992 | 8.M30 | 0:39:32 | 155.0142 |
| 82. | 755 | Becker, Hans Jürgen | Freisen | 1963 | 7.M60 | 0:39:33 | 154.9091 |
| 83. | 822 | Könnel, Carolyn | TuS 06 Heltersberg | 1969 | 3. W50 | 0:39:34 | 154.6957 |
| 84. | 729 | Klamm, Bernd | SVS EMMERZHAUSEN | 1956 | 5.M65 | 0:39:36 | 154.3226 |
| 85. | 771 | Orschiedt, Samuel | ASV Winnweiler | 2011 | 1.MJ U16 | 0:39:49 | 152.2194 |
| 86. | 759 | Schmid, Roland | TSG Wiesloch | 1967 | 9.M55 | 0:39:55 | 151.1774 |
| 87. | 715 | Seibel, Markus | Päddelflitzer | 1968 | 10.M55 | 0:40:04 | 149.6559 |
| 88. | 798 | Koch, Tina | LT Olympia Ramstein | 1965 | 3. W55 | 0:40:09 | 148.8326 |
| 89. | 871 | Kubiaczyk, Andreas | | 1974 | 10.M45 | 0:40:13 | 148.1198 |
| 90. | 881 | Gaj, Danuta | TuS 06 Heltersberg | 1975 | 3. W45 | 0:40:15 | 147.8188 |
| 91. | 751 | Geibel, Thomas | LG Brücken-Mühleck | 1965 | 11.M55 | 0:40:39 | 143.8986 |
| 92. | 733 | Hohmeister, Andrea | Kaiserslautern | 1988 | 3. W35 | 0:40:41 | 143.5829 |
| 93. | 869 | Dehling, Oliver | Freimersheim | 1982 | 9.M40 | 0:40:43 | 143.2417 |
| 94. | 803 | Kronstedt, Morten | LC Bad Dürkheim | 1971 | 8.M50 | 0:40:43 | 143.2094 |
| 95. | 772 | Hodapp, Norbert | SC Önsbach | 1961 | 8.M60 | 0:40:44 | 143.0628 |
| 96. | 725 | Heiter, Werner | LG Rülzheim | 1949 | 2.M70 | 0:40:44 | 142.9792 |
| 97. | 850 | Schreiber, Manfred | LC Donnersberg | 1968 | 12.M55 | 0:40:45 | 142.8859 |
| 98. | 870 | Baumann, Jan | | 1981 | 10.M40 | 0:40:46 | 142.7533 |
| 99. | 861 | Langhäuser, Andrea | TV Maikammer | 1968 | 4. W55 | 0:40:46 | 142.7192 |
| 100. | 713 | De Castro, Rui Miguel | Kaiserslautern | 1980 | 11.M40 | 0:40:46 | 142.719 |
| 101. | 862 | Langhäuser, Lucas | TV Maikammer | 1969 | 9.M50 | 0:40:46 | 142.6251 |
| 102. | 860 | Schreiner, Rita | | 1965 | 5. W55 | 0:40:54 | 141.2725 |
| 103. | 844 | Harder, Johannes | | 1979 | 12.M40 | 0:40:55 | 141.1657 |

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|-------|-------|---------------------------|------------------------|--------|-----------|---------|----------|
| 104. | 728 | Eichert, Ulrich | Team RNV | 1959 | 9.M60 | 0:41:01 | 140.1434 |
| 105. | 776 | Östringer, Michael | TSG Wilhelmsfeld | 1979 | 13.M40 | 0:41:03 | 139.8648 |
| 106. | 758 | Günther, Jochen | Rodenbach | 1968 | 13.M55 | 0:41:21 | 136.8419 |
| 107. | 817 | Baque, Hans | 1. FC Kaiserslautern | 1958 | 6.M65 | 0:41:21 | 136.8324 |
| 108. | 828 | Csepregi, Tibor | LAG Saarbrücken | 1962 | 10.M60 | 0:41:24 | 136.3473 |
| 109. | 739 | Lassueur, Caroline | TSG Kaiserslautern | 1982 | 2. W40 | 0:41:26 | 136.0794 |
| 110. | 858 | Stetter, Christian | Back To Nature | 1985 | 14.M35 | 0:41:33 | 134.93 |
| 111. | 804 | Lisius, Michael | Stetten | 1973 | 10.M50 | 0:41:53 | 131.5828 |
| 112. | 868 | Kupperroth, Bernd | TuS 06 Heltersberg | 1964 | 14.M55 | 0:41:54 | 131.4122 |
| 113. | 827 | Bertram, Christine | Laufftreff Lambrecht | 1982 | 3. W40 | 0:41:55 | 131.1526 |
| 114. | 842 | Gravius, Uwe | Laufschule Saarpfalz | 1963 | 11.M60 | 0:42:02 | 129.9477 |
| 115. | 802 | Klopp, Adrian | Ginsheim | 1995 | 7.M20 | 0:42:12 | 128.3226 |
| 116. | 877 | Kriesche, Jenny | Laufschule Saarpfalz | 1987 | 4. W35 | 0:42:23 | 126.5265 |
| 117. | 750 | Scheller, Angelika | TSG Maxdorf | 1959 | 1. W60 | 0:42:37 | 124.178 |
| 118. | 717 | Hoening, Jennifer | Kaiserslautern | 1982 | 4. W40 | 0:42:39 | 123.8469 |
| 119. | 770 | Imanbaew, Nurlan | TV Maikammer | 1958 | 7.M65 | 0:42:54 | 121.4086 |
| 120. | 834 | Rutz, Manfred | BRGE | 1968 | 15.M55 | 0:42:57 | 120.9202 |
| 121. | 852 | Hautog, Steffen | LTV Bad Dürkheim | 1969 | 11.M50 | 0:43:13 | 118.2705 |
| 122. | 781 | Berg, Christian | Otterbach | 1980 | 14.M40 | 0:43:27 | 115.9452 |
| 123. | 797 | Will, Philipp | Skiclub-Bingen.de | 2006 | 1.MJ U18 | 0:43:27 | 115.935 |
| 124. | 763 | Balzulat, Anke | Geisenheim | 2002 | 2. W20 | 0:43:34 | 114.6969 |
| 125. | 712 | Bachmann, Matthias | Altenglan | 1971 | 12.M50 | 0:43:54 | 111.3694 |
| 126. | 814 | Klein, Monika | LCO Edenkoben | 1964 | 6. W55 | 0:43:56 | 111.1228 |
| 127. | 818 | Hippler, Jochen | Stetten | 1978 | 11.M45 | 0:43:59 | 110.5251 |
| 128. | 824 | Kratsch, Dieter | TUS Glan-Münchweiler | 1959 | 12.M60 | 0:44:06 | 109.3861 |
| 129. | 810 | Guth, Jana | LLG Landstuhl | 2004 | 1. WJ U20 | 0:44:07 | 109.2472 |
| 130. | 821 | Stucky, Gudrun | TuS 06 Heltersberg | 1965 | 7. W55 | 0:44:14 | 108.0113 |
| 131. | 855 | Doppler, Rudi | Essingen | 1953 | 3.M70 | 0:44:21 | 106.9187 |
| 132. | 873 | Galler, Petra | TV 1886 Bexbach | 1968 | 8. W55 | 0:44:24 | 106.4477 |
| 133. | 816 | Glöckner, Sabrina | TSG Kaiserslautern | 1981 | 5. W40 | 0:44:25 | 106.1527 |
| 134. | 883 | Hodapp-Malle, Ute | TSG Kaiserslautern | 1960 | 2. W60 | 0:44:30 | 105.3161 |
| 135. | 793 | Scheuermann, Albert | SV 05 Meckenheim | 1955 | 8.M65 | 0:44:39 | 103.8006 |
| 136. | 756 | Kieslich, Günter | SW Hochdorf | 1955 | 9.M65 | 0:44:51 | 101.825 |
| 137. | 805 | Leubner, Martina | LLG Landstuhl | 1964 | 9. W55 | 0:44:54 | 101.3524 |
| 138. | 778 | Koch, Gerhard | LT Olympia Ramstein | 1953 | 4.M70 | 0:45:07 | 99.2853 |
| 139. | 746 | Feige, Kathrin | Kaiserslautern | 1986 | 5. W35 | 0:46:03 | 89.9422 |
| 140. | 867 | Bartels, Karin | TuS 06 Heltersberg | 1966 | 10. W55 | 0:46:14 | 88.0838 |
| 141. | 764 | Balzulat, Vera | TFC Kaiserslautern | 2006 | 1. WJ U18 | 0:46:27 | 85.8816 |
| 142. | 863 | Förster, Christine | SVK | 1966 | 11. W55 | 0:46:29 | 85.6211 |
| 143. | 882 | Malle, Gunter | TSG Kaiserslautern | 1960 | 13.M60 | 0:46:32 | 85.0986 |
| 144. | 874 | Ruffing, Veronika | TV 1886 Bexbach | 1963 | 3. W60 | 0:46:59 | 80.6447 |
| 145. | 768 | Schulz, Michael | LT Olympia Ramstein | 1972 | 13.M50 | 0:47:17 | 77.6471 |
| 146. | 784 | Sandmaier, Helga | LT Rheinhessen-Pfalz | 1958 | 1. W65 | 0:47:34 | 74.6709 |
| 147. | 878 | Müller-Oberinger, Manuela | Laufschule Saarpfalz | 1975 | 4. W45 | 0:47:40 | 73.8106 |
| 148. | 849 | Herzog, Christine | Fit in Lautern e.V. | 1963 | 4. W60 | 0:47:51 | 71.8601 |
| 149. | 792 | Klemm, Manfred | Ginsheim-Gustavsburg | 1959 | 14.M60 | 0:48:16 | 67.7713 |
| 150. | 716 | Dieterich, Michael Faisal | Landstuhl | 2003 | 8.M20 | 0:48:33 | 64.8583 |
| 151. | 841 | Bann, Bettina | Laufschule Saarpfalz | 1980 | 6. W40 | 0:48:39 | 63.9374 |
| 152. | 799 | Müller-Foell, Christoph | TSV Mannheim | 1951 | 5.M70 | 0:49:06 | 59.4515 |
| 153. | 760 | Braun, Regine | SV Rohrbach/S. | 1948 | 1. W75 | 0:49:34 | 54.8264 |
| 154. | 845 | Wahl, Tobias | SG Kaiserslautern 1905 | 1971 | 14.M50 | 0:49:39 | 53.8671 |
| 155. | 747 | Egri, Kadir | Team RNV | 1968 | 16.M55 | 0:49:40 | 53.7703 |

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|-------|-------|--------------------|-------------------------|--------|---------|---------|---------|
| 156. | 840 | Rielinger, Sabine | Kaiserslautern | 1953 | 1. W70 | 0:49:51 | 51.9051 |
| 157. | 813 | Kaiser, Udo | TSG Kaiserslautern | 1953 | 6.M70 | 0:50:45 | 42.8639 |
| 158. | 859 | Djabout, Nicole | Back To Nature | 1976 | 5. W45 | 0:52:25 | 26.2395 |
| 159. | 811 | Engels, Jürgen | LT Olympia Ramstein | 1963 | 15.M60 | 0:52:33 | 24.9367 |
| 160. | 857 | Christmann, Ingrid | SV Kottweiler-Schwanden | 1967 | 12. W55 | 0:52:51 | 21.8771 |
| 161. | 832 | Lindemann, George | | 1956 | 10.M65 | 0:53:21 | 16.8919 |
| 162. | 775 | Hoffmann, Jürgen | Laufschule Saarpfalz | 1968 | 17.M55 | 0:53:25 | 16.2921 |
| 163. | 794 | Müller, Stefan | Skiclub-Bingen.de | 1965 | 18.M55 | 0:56:17 | 0 |
| 164. | 734 | Mayer, Jennifer | LTF Marpingen | 1984 | 6. W35 | 0:57:27 | 0 |
| 165. | 735 | Mayer, Thorsten | LTF Marpingen | 1980 | 15.M40 | 0:57:28 | 0 |
| 166. | 774 | Hoffmann, Susanne | Laufschule Saarpfalz | 1968 | 13. W55 | 0:57:46 | 0 |

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