

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
1	1	2	Matthias Ewender	LG Region Landshut		1981	M40	00:44:43	00:44:42
2	1	68	Johann Ioannou-Nikolaides	LG Stadtwerke München		2000	MU30	00:45:28	00:45:28
3	2	128	Stefano de Nicola			1994	MU30	00:46:49	00:46:47
4	1	9	Tim Dr. Koniarski	SV Solidarität Ismaning		1986	M35	00:46:49	00:46:49
5	3	813	Alban Guerin			1999	MU30	00:48:12	00:48:10
6	4	551	Benedikt Jany			1996	MU30	00:48:22	00:48:20
7	5	824	Tim Schwaiger			1995	MU30	00:48:26	00:48:25
8	6	446	Piernicolo Bilato	TSV Ismaning		2000	MU30	00:48:35	00:48:34
9	1	834	Henri Neugebauer	LG Region Landshut		1977	M45	00:49:02	00:49:02
10	1	881	Markus Göttert	LV Gera		1989	M30	00:49:57	00:49:56
11	2	6	Teodor Ivanov	TNT Eibiteam		1984	M35	00:50:04	00:50:02
12	2	329	Olaf Loewer	LG Stadtwerke München		1973	M45	00:50:09	00:50:06
13	3	701	Roman Schindlbeck	Baugeschäft Laurent MRRC		1987	M35	00:50:21	00:50:20
14	4	770	Heiko Middelhoff	MTV 1881 Ingolstadt		1983	M35	00:50:32	00:50:30
15	2	772	Felix Mayerhöfer	DJK Daßwang		1981	M40	00:50:35	00:50:33
16	7	438	Lucas Kreifels			1995	MU30	00:50:36	00:50:34
17	5	812	Marco Mattuschka	Rig Freiburg		1987	M35	00:50:37	00:50:35
18	6	539	Florian Deibl	LG Mettenheim		1985	M35	00:50:42	00:50:41
19	2	724	Anton Schamberger	SC Velo Keller		1989	M30	00:56:10	00:50:42
20	8	440	Jonas Hürten			1993	MU30	00:51:20	00:51:13
21	3	160	Alexander Fuchs	Jolsport		1979	M40	00:51:19	00:51:15
22	1	363	Johann Bendlander	LG Region Landshut		1971	M50	00:51:52	00:51:50
23	7	105	Stefan Klos	Team LAUFBAR		1984	M35	00:52:41	00:52:37
24	3	360	Martin Janousek	Eintracht Frankfurt Triathlon		1977	M45	00:52:52	00:52:47
25	8	744	Severin Beilner	LG Stadtwerke München		1987	M35	00:52:54	00:52:52
26	4	133	Reiner Kastizen	Running-Base Poing		1974	M45	00:52:57	00:52:54
27	9	830	Patrick Gröll	LG Sempt		1985	M35	00:53:03	00:52:57
28	10	202	Andreas Eberle	MRRC München		1987	M35	00:53:09	00:52:59
29	3	640	Martin Dolles	BSV Flughafen München		1989	M30	00:53:02	00:53:00
30	5	576	Christoph Arthofer	TSV Eintracht Karlsfeld - Triathlon		1976	M45	00:53:09	00:53:05
31	6	815	Sandro Roman	LG Sempt		1977	M45	00:53:11	00:53:05
32	4	715	Bernhard Kohlhuber	SV Geroldshausen		1992	M30	00:53:19	00:53:17
33	5	305	Matthias Beuerle			1992	M30	00:53:33	00:53:27
34	11	19	Jochen Beige	Running Company		1985	M35	00:53:32	00:53:28
35	7	828	Christopher Greiner	LG Stadtwerke München		1973	M45	00:53:32	00:53:30
36	6	249	Matthias Hausmann	TSV Gaimersheim		1989	M30	00:53:55	00:53:50
37	7	215	Patrick von der Grün	TeamVDG		1991	M30	00:54:07	00:53:51
38	8	864	Marco Wellmann	TSV Gaimersheim		1992	M30	00:54:05	00:54:01
39	4	270	Rainer Fiereder			1981	M40	00:54:11	00:54:06
40	2	219	Rainer Bauer			1969	M50	00:54:16	00:54:12

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
41	3	575	Dirk Hohmann	Soli Dachau		1970	M50	00:54:24	00:54:21
42	5	665	Stephan Blatt			1981	M40	00:54:27	00:54:21
43	12	200	Christoph Marattukalam			1985	M35	00:54:38	00:54:28
44	9	535	Timon Nast-Kolb	SV Wangen		1992	M30	00:54:39	00:54:31
45	6	135	Denis Zyulyamov	SV Solidarität Ismaning		1980	M40	00:54:55	00:54:48
46	13	837	Fabian Romahn	Munich Running Society		1985	M35	00:54:53	00:54:49
47	4	691	Christian Funk	Sparda-Team Rechberghausen		1968	M50	00:54:54	00:54:51
48	9	862	Christian Schiwiek	OC München		1993	MU30	00:55:13	00:54:52
49	1	353	Karl-Heinz Michalsky	TSV Olching		1962	M60	00:55:26	00:55:23
50	7	713	Rainer Gerhard	TC Ismaning		1982	M40	00:55:34	00:55:31
51	8	404	Carlos Bernal Serra	LG Stadtwerke München		1980	M40	00:55:36	00:55:32
52	10	739	Maximilian Beck	FC Hitzhofen-Oberzell		1995	MU30	00:55:41	00:55:35
53	11	448	Oliver Ganschow	TSV Ismaning		1997	MU30	00:55:42	00:55:38
54	5	555	Gerald Schumann	Team Dantebatt		1971	M50	00:55:49	00:55:39
55	12	749	Sebastian Müller	Lauf-Team Hermes UniBwM		1997	MU30	00:55:58	00:55:43
56	10	88	Michael Ogiermann			1988	M30	00:55:50	00:55:45
57	9	767	Markus Heilmann	TSV Feldkirchen		1978	M40	00:55:55	00:55:47
58	11	300	Joel Sedlacko			1989	M30	00:56:01	00:55:54
59	10	520	Manuel Schmid	LAFACE Team Weiden		1979	M40	00:56:04	00:55:54
60	1	28	Sven Kometzky			1967	M55	00:56:37	00:56:07
61	6	894	Patrick Schröer	Imkerfreunde		1971	M50	00:56:19	00:56:09
62	14	866	Norbert Junghanns	TU Imrenau		1986	M35	00:56:30	00:56:10
63	11	826	Christian Ulrich	SG Indersdorf		1979	M40	00:56:23	00:56:12
64	13	192	Sebastian Abel	Die feinen Ehrenmänner		1993	MU30	01:01:54	00:56:17
65	12	673	Christoph Holzleitner	adidas Runners Munich		1991	M30	00:56:46	00:56:26
66	12	832	Stefan Winkler	LG Sempt		1981	M40	00:56:34	00:56:26
67	13	896	Andreas Herrig			1978	M40	00:56:45	00:56:33
68	8	803	Alex Fischl	WSV Otterskirchen		1974	M45	00:56:38	00:56:37
69	9	869	Moritz Meyer-ter-Vehn	Tower 26		1974	M45	01:02:16	00:56:47
70	10	578	Fabian Theis	SV Solidarität Ismaning		1976	M45	00:56:58	00:56:50
71	15	155	Ben Busl	Team Isarland		1986	M35	00:57:03	00:56:54
72	14	683	Marco Wolf	FC Aschheim		1981	M40	00:57:20	00:56:59
73	14	283	Sebastian Zettel			1993	MU30	00:57:15	00:57:04
74	16	399	Kurt Bratz	SV Solidarität Ismaning		1986	M35	00:57:12	00:57:04
75	13	40	Bernhard Dobmaier			1992	M30	00:57:16	00:57:06
76	14	655	Konstantin Koniarski			1988	M30	00:57:13	00:57:06
77	11	538	Giray Curgunlu			1977	M45	00:57:22	00:57:12
78	7	23	Marco Zander			1972	M50	00:57:25	00:57:14
79	15	20	Michael Klotz	TV Riem Dornach		1981	M40	00:57:49	00:57:27
80	1	540	Hugo Mann	TSV Penzberg		1954	M65	00:57:53	00:57:49

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
81	8	627	Steven Multer	MTV 1862 Pfaffenhofen		1971	M50	00:58:05	00:57:56
82	15	78	Markus Schäfer	Audi-Getriebefitzer		1989	M30	00:58:15	00:58:01
83	9	624	Hans Mair	BSV Flughafen München		1969	M50	00:58:09	00:58:05
84	10	352	Peter Genender	PHV Krefeld-Wallenburg		1971	M50	00:58:15	00:58:11
85	16	402	Andreas Wittmann	Jeder schaut selber wo er bleibt		1979	M40	00:58:37	00:58:34
86	15	851	Tobias Storch	Tick Trick und Track		1993	MU30	00:59:01	00:58:36
87	17	630	Christian Kudler	ZWSM		1982	M40	00:58:48	00:58:39
88	12	856	Christoph Höffner	Budo Club Ismaning		1975	M45	01:04:13	00:58:44
89	13	566	Marcus Engelke	LG Stadtwerke München		1974	M45	00:58:58	00:58:54
90	2	768	Thomas Zierhofer	LG Mettenheim		1966	M55	00:59:05	00:58:58
91	11	756	Frank Feistle	Ausdauersport Förderverein Pfaffenhofen		1969	M50	00:59:14	00:58:58
92	12	90	Ralf Rehberger	Team Erdinger Alkoholfrei		1968	M50	01:00:04	00:59:03
93	13	194	Andreas Bucher			1969	M50	00:59:12	00:59:05
94	18	879	Peter Bernd	Sport Ruscher		1979	M40	00:59:18	00:59:13
95	14	662	Marc Becker			1970	M50	00:59:25	00:59:14
96	14	827	Bernhard Huber			1976	M45	00:59:27	00:59:16
97	15	605	Alain Beaufayt	SV Solidarität Ismaning e.V.		1969	M50	01:05:27	00:59:19
98	16	638	Martin Thom	Running Company		1972	M50	00:59:36	00:59:20
99	15	182	Thorsten Schweinberger	TSV Eintracht Karlsfeld - Triathlon		1977	M45	00:59:30	00:59:24
100	16	237	Harald Schöll	TV Velburg/SV Hörmannsdorf		1974	M45	00:59:54	00:59:35
101	17	282	Peter Ostertag	SV Allianz Private		1968	M50	00:59:53	00:59:41
102	17	401	Andreas Maier	MTV 1862 Pfaffenhofen		1983	M35	00:59:56	00:59:44
103	2	747	Filippo Aceto	TSV 1862 Neuburg		1960	M60	00:59:49	00:59:44
104	18	355	Francesco Guastatore	SpVgg Höhenkirchen		1972	M50	01:00:09	00:59:49
105	17	831	Markus Böhme	LG Sempt		1977	M45	01:00:00	00:59:52
106	19	530	Norbert Richt	LT Kolping Markt Schwaben		1971	M50	01:00:02	00:59:53
107	20	666	Robert Mayer	TV Planegg-Krailling		1968	M50	01:00:07	00:59:53
108	19	512	Menno Poot			1982	M40	01:05:57	01:00:07
109	21	405	Stephan Rosner	SC Freiburg		1971	M50	01:00:13	01:00:11
110	3	842	Roland Boehme	BSV Flughafen München		1965	M55	01:05:45	01:00:16
111	22	529	Andre Meyer	SmartRunning		1968	M50	01:00:33	01:00:21
112	23	652	Maurizio Bianconi	TuS Fürstenfeldbruck		1969	M50	01:00:37	01:00:23
113	16	569	Matthias Bard			1990	M30	01:00:43	01:00:27
114	18	189	Alexander Drees	RC Abschnitt Mitte		1983	M35	01:06:06	01:00:31
115	19	178	Marcus Lehmann	Team Oostenrijk		1987	M35	01:01:03	01:00:32
116	24	244	Michael Brunner	TSV Eintracht Karlsfeld - Triathlon		1972	M50	01:01:05	01:00:37
117	4	825	Oliver Specht	SV Lohof		1964	M55	01:01:15	01:00:45
118	25	248	Matthias Nagel	Team Erdinger Alkoholfrei		1971	M50	01:01:07	01:00:48
119	5	740	Hermann Mainzl	SC Velo Keller		1964	M55	01:00:59	01:00:48
120	26	809	Bernd Müller	BMW Laufsport		1969	M50	01:01:08	01:00:55

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
121	20	711	Alexander Tyrrell			1980	M40	01:01:09	01:00:57
122	21	499	Michael Mühlhuber			1980	M40	01:01:16	01:00:58
123	6	241	Andreas Wild	Gurkentruppe		1964	M55	01:01:12	01:01:03
124	16	817	Patrick Wegert			1997	MU30	01:01:08	01:01:05
125	20	418	Marcus Beutin			1983	M35	01:01:25	01:01:07
126	7	487	Bernd Hay	Kein		1963	M55	01:01:21	01:01:10
127	21	745	Dario Ortego			1987	M35	01:01:35	01:01:20
128	27	47	Chrissan Römer			1971	M50	01:06:54	01:01:23
129	18	762	Thomas Gutsche	BSV Flughafen München		1977	M45	01:01:49	01:01:27
130	3	545	Hermann Zimmerer	SmartRunning		1961	M60	01:01:46	01:01:33
131	8	889	Roland Schönemann	Sport für Spenden		1964	M55	01:01:48	01:01:33
132	28	62	Martin Sedlmayr	Post SV Weilheim		1971	M50	01:01:44	01:01:35
133	4	802	Kai Holzhauer			1959	M60	01:01:53	01:01:45
134	22	754	Kim Feigl	everdop		1981	M40	01:02:12	01:01:48
135	19	501	Gerd Förster			1973	M45	01:07:27	01:01:57
136	22	193	Florian Wippenbeck	Die feinen Ehrenmänner		1984	M35	01:07:45	01:02:07
137	9	687	Georgios Pliakos	WLT Taufkirchen(Vils)		1966	M55	01:02:19	01:02:07
138	20	865	Martin Steeb	SV Landshut-Münchnerau		1973	M45	01:02:24	01:02:11
139	21	835	Thomas Zeng	TSV Moorenweis		1973	M45	01:02:23	01:02:17
140	17	299	Sigurd Vogler			1990	M30	01:02:29	01:02:19
141	10	681	Helge Schumann	FC Aschheim		1966	M55	01:02:34	01:02:19
142	23	458	Stefan Köppel	TSV Feldkirchen		1983	M35	01:02:57	01:02:23
143	29	488	Jan Osterwalder	Uruk2		1972	M50	01:03:36	01:02:32
144	22	641	Jürgen Schill	Post SV Weilheim		1975	M45	01:02:43	01:02:33
145	30	65	Gerhard Schumacher	TRlandBIKE Waldkraiburg		1969	M50	01:08:12	01:02:38
146	23	686	Christian Bacherl	ACCNITE Running		1973	M45	01:03:19	01:02:48
147	18	808	Michael Stopfer-Schneider			1990	M30	01:03:16	01:02:49
148	31	584	Stefan Kröll	TV Feldkirchen		1970	M50	01:03:03	01:02:50
149	24	807	Herbert Holzer			1983	M35	01:03:16	01:02:50
150	19	532	Moritz Striebel			1991	M30	01:08:28	01:02:51
151	24	559	Lars Kietzer	SV Solidarität Ismaning		1975	M45	01:03:20	01:02:55
152	20	336	Matteo Siviero			1990	M30	01:03:25	01:03:01
153	25	536	Fabian Seidenfus	sudom - r - f /		1986	M35	01:08:44	01:03:06
154	2	224	Oskar Starz	LG Stadtwerke München		1956	M65	01:03:20	01:03:07
155	3	475	Sepp Waritschlager	SV-DJK Kolbermoor		1957	M65	01:03:37	01:03:08
156	23	625	David Scheffel			1981	M40	01:08:47	01:03:14
157	25	83	Florian Meidinger	Petershausen		1975	M45	01:08:52	01:03:18
158	5	293	Ulrich Leib	TSV Moorenweis		1959	M60	01:03:28	01:03:22
159	24	870	Martin Härtl			1981	M40	01:08:58	01:03:23
160	11	688	Norbert Lipowsky	Man in Black		1966	M55	01:03:33	01:03:25

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
161	32	651	Rainer Weigand			1968	M50	01:03:58	01:03:30
162	33	614	Thomas Krause			1970	M50	01:03:54	01:03:33
163	12	123	Eugen Schaumann	ALC Landshut		1963	M55	01:09:15	01:03:34
164	21	521	Daniel Sessler			1991	M30	01:09:19	01:03:35
165	26	703	Samuel Senese			1974	M45	01:04:04	01:03:36
166	22	885	Clemens Ringler	Schwabenpfeil		1989	M30	01:03:58	01:03:36
167	27	56	Florian Brenninger			1977	M45	01:09:17	01:03:43
168	26	195	Sebastian Lohse	SV Dachau		1987	M35	01:04:14	01:03:46
169	13	379	Michael Blecher			1963	M55	01:04:02	01:03:46
170	28	720	Rafal Poltorak	Bayerische Walrosse		1975	M45	01:09:21	01:03:49
171	25	421	Kostyantyn Markov	Neubiberg Lauftreff		1979	M40	01:04:02	01:03:51
172	1	805	Magnus Bosse	TSV Haar		2007	MJU16	01:04:56	01:04:01
173	34	139	Raf Leenen			1972	M50	01:04:40	01:04:14
174	23	602	Felix Wiedemann	Tick Trick und Track		1991	M30	01:04:47	01:04:21
175	24	601	Christian Scharl	Tick Trick und Track		1991	M30	01:04:47	01:04:22
176	14	330	Marcus Mittelholz	Team Erdinger Alkoholfrei		1966	M55	01:04:57	01:04:25
177	25	89	David Zint			1992	M30	01:10:14	01:04:26
178	29	77	Thomas Schleicher			1977	M45	01:04:49	01:04:27
179	30	490	Christian Rüller	SG Stadtwerke Freising		1976	M45	01:04:37	01:04:31
180	31	46	Karsten Göbel	Team Heinemann		1974	M45	01:04:44	01:04:32
181	26	635	Frank Buttenmüller			1978	M40	01:04:54	01:04:34
182	32	508	Stefan Gesell-May	AH Oberer Bezirk		1975	M45	01:10:07	01:04:35
183	27	464	Daniel Greiner			1978	M40	01:10:21	01:04:38
184	28	259	Kristopher KRUGER			1979	M40	01:10:51	01:04:40
185	15	327	Andreas Filleböck	WSV Röhrmoos		1963	M55	01:10:13	01:04:42
186	33	693	Thomas Sturm	TSV GutsMuths 1861 e.V.		1974	M45	01:04:54	01:04:45
187	6	636	Konrad Wallner	SG Indersdorf		1962	M60	01:04:55	01:04:50
188	17	653	Stefan Kiesel			2002	MU30	01:05:18	01:04:52
189	29	269	Michael Gahn	Team Erdinger Alkoholfrei		1979	M40	01:05:16	01:04:53
190	16	221	Adam Higgs			1965	M55	01:05:04	01:04:53
191	34	556	Johann Lang			1977	M45	01:10:47	01:04:55
192	35	313	Matthias Linde	Tri Familia		1969	M50	01:05:06	01:04:56
193	35	443	Michael Fuest			1973	M45	01:10:50	01:05:00
194	36	847	Sven Kotzur			1977	M45	01:10:48	01:05:07
195	37	820	Frank Steffen	SC PE		1976	M45	01:05:29	01:05:08
196	38	689	Michael Burger	SV Solidarität Ismaning		1974	M45	01:05:47	01:05:11
197	27	649	Enrico Springer	TSV Poing		1983	M35	01:11:00	01:05:18
198	36	875	Hermann Karl	SV Solidarität Ismaning		1971	M50	01:06:03	01:05:24
199	30	261	Sebastian Beer	SC Prinz Eugen München		1980	M40	01:05:50	01:05:26
200	39	275	Tobias Mette			1974	M45	01:11:02	01:05:28

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
201	37	61	Christian Hilmer			1970	M50	01:05:59	01:05:37
202	31	235	Sebastian Cohausz			1982	M40	01:11:18	01:05:42
203	28	608	Levent Sahin	SCPE		1984	M35	01:06:24	01:05:44
204	26	369	Marco Golic	KaVo		1990	M30	01:06:17	01:05:44
205	17	159	Oliver-Wolf Franke	Traum 2025		1965	M55	01:06:15	01:05:50
206	38	307	Frank Strobl			1972	M50	01:11:27	01:05:52
207	40	362	Stefan Langer	Team TRInity Coaching		1973	M45	01:06:14	01:05:53
208	39	599	Martin Bichler			1971	M50	01:06:27	01:05:59
209	18	149	Fabian Riesch	Bexi & Friends		1997	MU30	01:06:18	01:06:03
210	7	459	Norbert Binder			1961	M60	01:06:45	01:06:03
211	19	337	Stefan Lorenz	Bexi & Friends		1997	MU30	01:11:48	01:06:11
212	18	213	Armin Krebs	Brauhaus Germering		1965	M55	01:11:49	01:06:13
213	32	456	Andreas Knatz			1980	M40	01:06:26	01:06:15
214	41	631	Christian Supenkämper	Team Isarland		1977	M45	01:06:35	01:06:18
215	29	424	Denis Makartetskiy	LifePark Max Ingolstadt e.V.		1987	M35	01:06:34	01:06:24
216	20	583	Stefan Franke	TimeMotion Running Crew		1994	MU30	01:12:20	01:06:24
217	42	596	Markus Fischer	SV Landshut-Münchnerau		1976	M45	01:06:49	01:06:28
218	30	41	Dirk Leonhardt			1987	M35	01:12:18	01:06:32
219	33	384	Jonas Hauger	TSV Eintracht Karlsfeld - Triathlon		1979	M40	01:06:47	01:06:32
220	40	504	Dietrich Arnold	MBG Running		1969	M50	01:07:08	01:06:34
221	34	498	Mariano Cerdeiro			1978	M40	01:12:13	01:06:36
222	41	204	Christian Lutzenberger			1969	M50	01:12:34	01:06:37
223	8	18	Odysseus Beratis	Sport Ruscher Team		1961	M60	01:06:57	01:06:42
224	21	531	Yannick Schellscheidt	Communico		1998	MU30	01:12:39	01:06:43
225	43	734	Christian Hertzog			1974	M45	01:12:30	01:06:43
226	27	354	Johannes Miksik			1991	M30	01:13:01	01:06:47
227	31	841	Philipp Rubarth	Global Trail Running		1983	M35	01:07:17	01:06:53
228	42	477	Thomas Heider	We will Rock it		1969	M50	01:08:15	01:07:03
229	9	173	Reiner Hillebrand	Team Erdinger Alkoholfrei / Lauftreff Kirchseeon		1958	M60	01:07:40	01:07:11
230	4	176	Herbert Hölzlwimmer	Sport Ruscher Team		1954	M65	01:13:00	01:07:25
231	19	648	Mathias Trucks			1963	M55	01:07:54	01:07:30
232	43	695	Oliver Huschke	SV Solidarität Ismaning		1969	M50	01:08:04	01:07:30
233	5	752	Wolfgang Grau	SG Indersdorf		1956	M65	01:13:01	01:07:31
234	32	403	Georg Obermayr	MTV 1862 Pfaffenhofen		1986	M35	01:13:13	01:07:33
235	44	177	Florian Harrecker			1974	M45	01:13:39	01:07:39
236	35	322	Bernd Jäkel	SV 1880 München e.V.		1980	M40	01:13:16	01:07:41
237	33	609	Patrick Ebermann	k.A.		1987	M35	01:13:28	01:07:43
238	20	452	Stefan Kantner	MTV 1862 Pfaffenhofen		1963	M55	01:13:26	01:07:46
239	21	183	Roger Taylor	Preston Harriers		1967	M55	01:13:44	01:07:54
240	45	143	Alex Langer	MTP Hersbruck		1974	M45	01:13:30	01:07:56

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
241	36	561	Mathias Dera	Maler Manufaktur PAF		1981	M40	01:08:05	01:07:58
242	10	611	Detlef Seidel	DER Olymp Runner		1961	M60	01:13:53	01:07:59
243	22	251	Peter Lang			1965	M55	01:08:10	01:08:03
244	37	120	Andreas Altinger	Wolpertinger Racers		1979	M40	01:13:51	01:08:04
245	23	746	Katana Mwangolo	RC Abschnitt Mitte		1963	M55	01:08:52	01:08:08
246	28	324	Martin Grönke	TSV Feldkirchen		1990	M30	01:08:39	01:08:15
247	34	506	Henning Spangenberg	SV 1880 München e.V.		1983	M35	01:13:51	01:08:16
248	44	676	Marian Ryfa	Ruch		1972	M50	01:13:49	01:08:17
249	24	156	Hans Köstler	Die OKS		1965	M55	01:13:51	01:08:19
250	35	350	Marco Schneider	Odewälder Fies		1985	M35	01:13:56	01:08:19
251	46	175	Thomas Haimerl	Nibelungenrun Grossmehring		1976	M45	01:14:18	01:08:30
252	11	880	Vassilios Fourkiotis			1959	M60	01:14:09	01:08:35
253	36	372	Schorsch Winter	Die Rennsemmeln		1986	M35	01:14:19	01:08:37
254	47	112	Michael Saradin			1975	M45	01:14:22	01:08:40
255	12	567	Christian Dees			1961	M60	01:08:57	01:08:42
256	37	119	Sebastian Ulewicz	Running Company		1985	M35	01:14:26	01:08:44
257	48	231	Andreas Abraham			1974	M45	01:09:00	01:08:46
258	25	398	Roland Knappe			1966	M55	01:14:34	01:08:49
259	49	454	Gunnar Gil Zamorano	EPA Runners		1976	M45	01:09:31	01:08:54
260	26	844	Andreas Wolff	Adidas Runners Munich		1966	M55	01:14:35	01:08:54
261	38	623	Jose-Luis Bueso	None		1979	M40	01:09:35	01:08:57
262	39	585	Matteo Serena	Girotondo		1981	M40	01:15:13	01:09:02
263	27	43	Rainer Rackwitz	TSV Ismaning		1963	M55	01:09:23	01:09:06
264	50	93	Michael Graf			1973	M45	01:14:45	01:09:10
265	40	537	Markus Bendele	Team Girotondo		1982	M40	01:15:25	01:09:14
266	41	581	Michael Pavars	Bierfreunde		1980	M40	01:15:09	01:09:17
267	51	765	Christoph Mehlhop	Bestes Halbmarathonteam		1976	M45	01:15:16	01:09:17
268	45	801	Thomas Pera	FC St. Pauli Triathlon		1971	M50	01:15:10	01:09:23
269	42	125	Lars Aichelburg			1982	M40	01:09:37	01:09:24
270	46	428	Michael Gesele	LifePark Max Ingolstadt e.V.		1968	M50	01:15:10	01:09:27
271	52	223	Andreas Meyer	TS Jahn München		1975	M45	01:09:51	01:09:28
272	47	758	Jürgen Borgs	Trisport Erding e.V.		1972	M50	01:09:49	01:09:32
273	22	759	Michael Borgs	Steppenwuidara		1996	MU30	01:09:49	01:09:33
274	28	718	Andreas Hoffmann			1967	M55	01:15:17	01:09:35
275	43	750	Oliver Rüllicke			1979	M40	01:15:17	01:09:40
276	29	698	Gerhard Töllich	TRI Team Geisenfeld		1967	M55	01:10:02	01:09:40
277	53	319	Harry Freund	SV Marzling		1973	M45	01:16:03	01:10:01
278	54	849	Thomas Will	MTV 1862 Pfaffenhofen		1973	M45	01:15:40	01:10:01
279	55	169	Martin Müller	Nibelungenrun Großmehring		1975	M45	01:15:51	01:10:03
280	44	124	Alexander Krapf	Trisport Erding		1982	M40	01:15:42	01:10:04

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
281	56	295	Dursun Gazeloglu	SV-Landshut-Münchnerau		1974	M45	01:10:33	01:10:12
282	48	590	Markus Hauger	SV Solidarität Ismaning		1969	M50	01:16:09	01:10:22
283	30	671	Holger Hofmann	Trisport Erding		1965	M55	01:16:02	01:10:24
284	31	425	Christoph Manderscheid	LifePark Max Ingolstadt e.V.		1967	M55	01:16:14	01:10:31
285	13	432	Hans Schlatterer	MTV Pfaffenhofen		1962	M60	01:16:12	01:10:32
286	57	347	Thomas Schneider	SpVgg Höhenkirchen		1974	M45	01:16:14	01:10:43
287	58	674	Christian Benöhr	Deportes Concepción		1973	M45	01:11:16	01:10:52
288	45	228	Stiev Hendel			1982	M40	01:11:24	01:10:55
289	49	439	Oliver Hartmann			1971	M50	01:11:18	01:11:01
290	14	444	Peter Krafft	Sport für Spenden		1958	M60	01:11:16	01:11:01
291	50	518	Paul Gowling			1972	M50	01:11:39	01:11:01
292	59	840	Reinhard Baum	Sport für Spenden		1973	M45	01:11:38	01:11:02
293	38	281	markus strobl			1984	M35	01:16:57	01:11:09
294	46	400	Christian Steglich	SV Lochhausen		1978	M40	01:16:54	01:11:09
295	51	412	Steffen Schrimper	Maratonsmurfarna		1969	M50	01:17:16	01:11:09
296	32	226	Erich Fischer			1967	M55	01:16:46	01:11:10
297	52	142	Frank Huber	SV Solidarität Ismaning / Erdinger Active Team		1968	M50	01:11:49	01:11:11
298	29	594	Tomas Vaisvilas	S. Kommanda		1990	M30	01:11:32	01:11:13
299	33	702	Gottfried Kreuzer			1963	M55	01:11:29	01:11:19
300	30	513	Christian Luber			1991	M30	01:17:16	01:11:20
301	23	471	Sebastian Mayer			1999	MU30	01:17:06	01:11:22
302	31	207	Sebastian Lanzendörfer			1988	M30	01:11:58	01:11:23
303	15	696	Harry Wegener	Trisport Erding		1962	M60	01:12:30	01:11:25
304	60	117	Thomas Schäfer	Lauftreff PEP		1976	M45	01:17:23	01:11:27
305	24	860	Adrian Betzenbichler	Bexi & Friends		1998	MU30	01:17:35	01:11:36
306	39	220	Moritz Orendt	Lauftreff PEP		1986	M35	01:17:37	01:11:40
307	53	69	Dirk Böttcher			1971	M50	01:17:18	01:11:41
308	61	519	Sebastian Soller			1975	M45	01:12:21	01:11:43
309	34	548	Max Weidmann	LG Stadtwerke München		1963	M55	01:17:33	01:11:53
310	54	17	Stephan Haller	Team Erdinger Alkoholfrei		1969	M50	01:12:16	01:11:53
311	62	429	Jürgen Halbritter	LifePark Max Ingolstadt e.V.		1973	M45	01:17:37	01:11:54
312	40	245	Jens Jähnert	SC München 50		1983	M35	01:17:49	01:12:06
313	47	48	Thomas Avemaria	Mannschaft angepasste Katzen		1982	M40	01:17:55	01:12:08
314	25	878	Henryk Laqua			1995	MU30	01:12:25	01:12:13
315	55	49	Thomas K. Hamann	TSV Jahn Freising 1861		1972	M50	01:17:53	01:12:20
316	63	199	Maximilian Härtl			1975	M45	01:18:18	01:12:23
317	56	35	Markus Moritz			1970	M50	01:12:40	01:12:24
318	57	38	Michael Pickl	Tina & Michi von der Alm		1969	M50	01:18:08	01:12:26
319	6	396	Robert Grasser	SpVgg Höhenkirchen		1954	M65	01:17:58	01:12:29
320	16	277	Reinhard Göster	DJK Ottenhofen		1960	M60	01:12:53	01:12:30

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
321	48	95	Stefan Gerhäußer			1980	M40	01:13:21	01:12:32
322	49	129	Ersin Erol			1982	M40	01:13:21	01:12:33
323	32	370	Fabian Koppitz	KaVo		1990	M30	01:13:11	01:12:33
324	33	669	Markus Spindler			1992	M30	01:18:22	01:12:35
325	41	637	Stefan Stoller			1983	M35	01:18:29	01:12:37
326	58	286	Michael Blättler			1968	M50	01:18:35	01:12:37
327	50	760	Florian Michel			1980	M40	01:18:38	01:12:47
328	26	325	Vincent Kiesel			1999	MU30	01:13:14	01:12:54
329	64	53	Marcus Gerhart			1973	M45	01:19:08	01:12:58
330	51	838	Markus Prezioso			1981	M40	01:13:24	01:13:06
331	65	843	Andreas Erban			1973	M45	01:14:18	01:13:15
332	52	560	Max Heyse			1981	M40	01:13:50	01:13:16
333	7	205	Rainer Leyendecker	RSLC Holzkirchen		1956	M65	01:18:50	01:13:17
334	8	320	Alexander Steckermeier	SV Landshut-Münchnerau		1955	M65	01:13:39	01:13:18
335	59	36	Mike Hartmann	M <3 C		1969	M50	01:19:06	01:13:21
336	34	302	Travis Thompson			1989	M30	01:13:33	01:13:22
337	66	660	Klaus Wohltrabe			1977	M45	01:14:06	01:13:25
338	1	22	Hans Laaser	MRRRC München		1951	M70	01:13:35	01:13:26
339	17	622	Arno Obermaier	TSV Eintracht Karlsfeld Triathlon		1960	M60	01:13:47	01:13:31
340	35	814	Udo Fesser	Triathlon Karlsfeld		1966	M55	01:13:37	01:13:32
341	42	699	Alejandro Navarro			1984	M35	01:13:58	01:13:34
342	36	108	Michael Obesser	push ups		1966	M55	01:19:20	01:13:38
343	2	598	Siegfried Hillmer	Berglrunner		1952	M70	01:19:27	01:13:41
344	37	278	Robert Bach			1967	M55	01:14:30	01:13:48
345	27	308	Valentin Haury	Running Ga(n)g		1998	MU30	01:19:55	01:14:03
346	67	517	Daniel Knöller			1976	M45	01:19:38	01:14:06
347	18	415	Rolf-Dieter Josef	RC Abschnitt Mitte		1960	M60	01:19:52	01:14:09
348	68	742	Matthias Guerrisi	RC Abschnitt Mitte		1976	M45	01:20:05	01:14:12
349	69	461	Michael Reim	Perlacher Hupfdohlen		1975	M45	01:15:19	01:14:25
350	19	591	Bahman Ghaffari Eiszad	Achilles International Germany		1959	M60	01:14:55	01:14:41
351	43	618	Nikolaus Graf	Bayerwald Kenianer		1986	M35	01:20:17	01:14:43
352	38	763	Thorsten Micus-Grebe	TSV Unterhaching		1963	M55	01:20:51	01:14:52
353	60	420	Lars Freisinger	LG Stadtwerke München		1969	M50	01:20:55	01:14:56
354	9	888	Dieter Bauer	Solidarität Ismaning		1957	M65	01:20:43	01:14:57
355	10	161	Klaus Pieper			1954	M65	01:16:07	01:14:58
356	28	198	Felix Riesch	Bexi & Friends		1999	MU30	01:21:03	01:15:03
357	39	650	Klaus Bumiller	SV Allianz Private		1963	M55	01:20:42	01:15:05
358	35	647	Tobias Flint	The Flints		1989	M30	01:21:42	01:15:24
359	61	257	Andreas Sticht	DAV Markt Schwaben		1972	M50	01:21:16	01:15:26
360	40	455	Guido Hoffmann	Trisport Erding		1967	M55	01:21:06	01:15:28

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
361	70	264	Frank Körner	Die Run-tastischen 3		1976	M45	01:21:22	01:15:31
362	62	558	Minkyu Lim	MRRC München		1969	M50	01:21:42	01:15:32
363	41	502	Robert Zipplies	SG Alsterpark		1963	M55	01:16:29	01:15:53
364	44	276	Lars Schönwald			1983	M35	01:21:50	01:16:04
365	20	741	Andreas Bärenstrauch			1961	M60	01:16:58	01:16:16
366	63	706	Christian Klein	Freisinger Duo		1970	M50	01:22:21	01:16:22
367	21	729	Strach Andreas			1962	M60	01:16:55	01:16:29
368	71	568	Richard de Vaan			1976	M45	01:22:08	01:16:31
369	42	411	Horst Hörmann	Rasende Eisvögel		1966	M55	01:22:31	01:16:34
370	43	694	Stefan Pohl	MRRC München		1964	M55	01:22:35	01:16:39
371	64	492	Thomas Fritsch	Lauftreff Ottobrunn		1971	M50	01:22:43	01:16:54
372	44	450	Matthias Steinherr			1966	M55	01:22:41	01:16:56
373	72	323	Bernhard Obermaier	Team DONG!		1973	M45	01:23:04	01:17:02
374	36	121	Hans-Christian Gulder	push ups		1991	M30	01:22:44	01:17:03
375	65	333	Markus Biersch			1970	M50	01:17:32	01:17:03
376	11	145	Hans Linder	Angkofen		1957	M65	01:18:14	01:17:06
377	12	829	Peter Seibert			1956	M65	01:25:41	01:17:17
378	66	63	Matthias Lochner			1968	M50	01:22:59	01:17:22
379	1	239	Marvin Hahn	TV Velburg/SV Hörmannsdorf		2003	MJU20	01:17:43	01:17:24
380	73	378	Patrick Vormann			1977	M45	01:18:28	01:17:37
381	53	366	Sven Maier	SV-ENTlaufen		1980	M40	01:18:29	01:17:38
382	45	397	Fritz Munsch			1964	M55	01:23:38	01:17:39
383	45	94	Philipp Matthies			1985	M35	01:19:00	01:17:55
384	29	845	Konstantin Besler			1995	MU30	01:18:47	01:17:55
385	67	466	Thomas Prause	Roederer		1969	M50	01:18:34	01:18:06
386	22	349	Wilfried Dauth	SpVgg Höhenkirchen		1959	M60	01:23:38	01:18:07
387	3	434	Gerhard Knöller	Laufteam RS 800		1952	M70	01:23:40	01:18:07
388	23	332	Erich Wittmann	TSV Unterhaching		1961	M60	01:24:08	01:18:08
389	68	375	Domenico Di Bari	Triafreunde Sendling		1969	M50	01:24:03	01:18:12
390	46	376	Andreas Niederhuber	Triafreunde Sendling		1963	M55	01:24:02	01:18:13
391	47	387	Roland Lang			1966	M55	01:24:03	01:18:14
392	48	144	Joachim Loos	Angkofen		1967	M55	01:24:29	01:18:16
393	13	115	Roland Dravnieks	BSG Stadtparkasse München		1957	M65	01:24:36	01:18:21
394	74	126	Dominik Kiechle	TMG		1977	M45	01:24:01	01:18:21
395	49	110	Ludwig Sippel			1964	M55	01:24:07	01:18:25
396	69	359	Werner Huber			1972	M50	01:24:20	01:18:26
397	70	430	Michael Binder	LifePark Max Ingolstadt e.V.		1968	M50	01:24:22	01:18:38
398	54	148	Noel Pérez Fuster			1981	M40	01:24:15	01:18:42
399	37	268	Joshua Paul			1992	M30	01:19:12	01:18:47
400	50	306	Raimund Mann			1965	M55	01:24:37	01:18:48

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
401	71	526	Henk Smakman			1970	M50	01:24:52	01:18:48
402	38	527	David Macke	Team Glückslauf		1988	M30	01:24:32	01:18:48
403	4	672	Erwin Reisser	SpVgg Höhenkirchen		1951	M70	01:24:21	01:18:49
404	72	326	Rob Krigers	Team DONG!		1969	M50	01:24:53	01:18:52
405	75	571	Christian Quickert			1976	M45	01:24:54	01:19:18
406	73	158	Andreas Kratzer	SC Bruckberg		1968	M50	01:25:24	01:19:28
407	51	73	Robert Langer	Erdinger Active Team		1966	M55	01:20:15	01:19:38
408	74	86	Peter Headley	adidas Runners Munich		1970	M50	01:20:51	01:19:43
409	24	469	Peter Schweighöfer	DAV Moosburg Isarstanzn		1962	M60	01:25:39	01:19:44
410	76	33	Jens Hoffmann			1973	M45	01:25:30	01:19:50
411	52	184	Denis Hocke	Team Erdinger Alkoholfrei		1967	M55	01:25:30	01:19:50
412	1	344	Wolfgang Janisch	SV Langenbach		1947	M75	01:20:32	01:19:56
413	14	736	Harry Kirchner			1955	M65	01:25:30	01:19:56
414	53	633	Gunnar Kühn	LifePark Max Ingolstadt e.V.		1966	M55	01:26:11	01:20:38
415	15	266	Leopold Schweisguth	1.TSZ Freising		1953	M65	01:26:26	01:20:40
416	46	634	Florian Schneiderbanger			1984	M35	01:26:40	01:21:00
417	77	626	Stefan Schleußinger			1977	M45	01:26:39	01:21:01
418	25	737	Hans Scharl			1959	M60	01:26:36	01:21:01
419	55	290	Rudolf Späth	Spaeth Heizung-Sanitär		1982	M40	01:22:14	01:21:06
420	54	725	Thomas Bahr	Pupulus Nivalis		1964	M55	01:26:41	01:21:08
421	16	208	Christian Bock			1956	M65	01:27:06	01:21:09
422	75	185	Benjamin Perkins	PERKINS		1970	M50	01:21:51	01:21:17
423	5	449	Wolf Rösel			1952	M70	01:27:02	01:21:18
424	47	212	Thorsten Nicklas	RC Abschnitt Mitte		1987	M35	01:27:37	01:21:22
425	26	341	Rudolf Pröls	Sport Ruscher Team		1960	M60	01:22:56	01:21:52
426	48	661	Christoph Wiblishauser			1984	M35	01:22:35	01:21:56
427	56	884	Mathias Denecke			1981	M40	01:22:35	01:21:56
428	39	211	Ferdinand Kneer			1992	M30	01:23:03	01:21:59
429	78	409	Arne Friese			1975	M45	01:28:05	01:22:00
430	30	441	Max Schneider	Running Ga(n)g		1999	MU30	01:28:21	01:22:09
431	76	122	Michael Dheur	Circular Munich		1970	M50	01:29:27	01:23:23
432	49	467	Sebastian Erhardt			1986	M35	01:32:01	01:23:36
433	55	855	Andreas Osterloher	Gambrinus Niedergeislbach		1966	M55	01:29:41	01:23:39
434	27	229	Thomas Daniel			1959	M60	01:29:45	01:23:40
435	17	586	Thomas Lösch	Team Wörthsee		1956	M65	01:25:57	01:24:59
436	28	494	Willi Becker	Team Trrrrrronnnnnnooo		1958	M60	01:31:28	01:25:05
437	57	435	Stefan Breitenlechner	Lang-Läufer		1978	M40	01:31:24	01:25:21
438	58	345	Ludwig Hunseder			1978	M40	01:31:18	01:25:26
439	2	346	Benedikt Hunseder			2007	MJU16	01:31:18	01:25:26
440	1	96	Otmar Nejték	SC MOOSHAM		1942	M80	01:25:35	01:25:27

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
441	79	764	Roman Karlinski	LG Stadtwerke München		1975	M45	01:31:31	01:25:37
442	77	39	Karsten Höhn			1971	M50	01:31:41	01:25:40
443	40	230	Josef Daniel			1990	M30	01:32:22	01:26:17
444	29	188	Toni Müller			1960	M60	01:32:28	01:26:36
445	31	236	Markus Hoffmann	Isarflitzer		1994	MU30	01:32:32	01:26:53
446	78	850	Delf Rosenfeld			1971	M50	01:34:14	01:28:07
447	32	895	Marco Cappucci			1996	MU30	01:29:18	01:28:27
448	59	882	Hauke Holtkamp			1982	M40	01:34:28	01:28:31
449	80	462	Steffen Merten	Lauftreff Ottobrunn		1975	M45	01:34:23	01:28:33
450	6	136	Detlef Stoll	GMRL-Verein		1951	M70	01:29:28	01:28:49
451	50	588	Stefan Schambeck	Johairas		1985	M35	01:36:38	01:30:39
452	51	474	Alexander Metzger			1985	M35	01:33:26	01:32:52
453	52	163	Alban Nelaj			1983	M35	01:34:04	01:33:46
454	2	733	Stephan Reiners	Golfclub Mangfalltal		1945	M75	01:41:00	01:34:57
455	53	380	Marius Reiberg	Hacki		1987	M35	01:44:44	01:38:35
456	2	190	Bernhard Exter	Northwool Athletics		1940	M80	01:45:01	01:39:12
457	60	272	Gabor Kiss			1979	M40	01:44:40	01:44:10
458	41	130	Stephan Hofmann	LA FAMILIA MADRIGAL		1991	M30	01:54:11	01:48:13
459	33	732	Darius Masoum Zadeh-Jousdani			1998	MU30	01:58:06	01:52:07
1	1	13	Thea Heim	TNT Eibteam		1992	W30	00:50:47	00:50:47
2	1	755	Charlotte Veitner	Everdrop - Team laufbar		1996	WU30	00:51:58	00:51:55
3	1	804	Tina Fischl	WSV Otterskirchen		1976	W45	00:52:00	00:51:59
4	2	357	Theresa Kratzer	LG Sempt		1997	WU30	00:53:14	00:53:11
5	2	12	Anja Kobs	Sport Ruscher Team		1976	W45	00:53:41	00:53:39
6	3	419	Yvonne Kleiner	LG Stadtwerke München		1974	W45	00:54:12	00:54:07
7	3	816	Nelly Raßmann	TV Planegg-Krailling		1997	WU30	00:54:23	00:54:21
8	1	413	Katrin Esefeld	LG Mettenheim		1982	W40	00:55:06	00:55:00
9	2	14	Ricarda Gerlach	TNT Eibteam		1980	W40	00:55:40	00:55:38
10	2	91	Ivana Gancheva	LG Sempt		1988	W30	00:56:19	00:56:15
11	4	10	Marina Rappold	LG Telis Finanz Regensburg		1997	WU30	00:56:50	00:56:44
12	5	717	Maike Dohmen	MRRC München		1994	WU30	00:57:26	00:57:17
13	6	15	Mariia Radko	TNT Eibteam		1997	WU30	00:57:28	00:57:27
14	3	821	Christine Jung	SC 53 Landshut		1981	W40	00:57:43	00:57:35
15	7	700	Anja Beck	LG Region Landshut		1997	WU30	00:57:47	00:57:45
16	1	887	Elisabeth Jensen			1986	W35	00:58:15	00:57:57
17	3	891	Sylvia Bazan			1992	W30	00:58:40	00:58:35
18	4	890	Katie Fitch			1989	W30	00:59:11	00:58:53
19	8	298	Dajana Pechtl	TG Viktoria Augsburg		1995	WU30	00:59:23	00:59:05
20	9	210	Mathilda Stockhaus	SV Esting		1998	WU30	00:59:18	00:59:06
21	10	4	Yaroslava Vastreb	TNT Eibteam		1998	WU30	00:59:33	00:59:32

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalit?t	Jahrgang	AK	Bruttozeit	Nettozeit
22	11	858	Nora Battermann			1994	WU30	00:59:52	00:59:35
23	1	335	Mary O'Leary	FC Perlach		1965	W55	00:59:57	00:59:54
24	1	395	Coco Wieland	TSV Ismaning		1970	W50	01:00:15	00:59:55
25	5	168	Anna Paap	Unterbiberg		1990	W30	01:00:11	00:59:59
26	12	751	Beatrice Bopp	Lauf-Team Hermes UniBwM		2000	WU30	01:00:16	01:00:01
27	13	682	Vanessa Neubauer	FC Aschheim		2000	WU30	01:00:30	01:00:16
28	14	819	Johanna Lorenz	Erdinger Active Team		1994	WU30	01:00:53	01:00:31
29	4	240	Tanja Dilpert	SC Velo Keller Vagen		1978	W40	01:01:00	01:00:49
30	4	64	Stephanie Lindholz			1973	W45	01:01:26	01:01:09
31	1	445	Lea-Sophie Wieninger	TSV Ismaning		2006	WJU18	01:01:33	01:01:23
32	5	45	Sonja Vogt			1978	W40	01:01:42	01:01:40
33	5	5	Sylvie Lorenzen	TNT Eibiteam		1973	W45	01:01:49	01:01:43
34	6	833	Nienke Buters	LG Sempt		1992	W30	01:02:11	01:01:58
35	2	861	Simone Stegbauer	OC M?nchen		1987	W35	01:03:06	01:02:45
36	15	761	Charlotte Reignier			1996	WU30	01:03:12	01:02:54
37	7	639	Melanie Dolles			1992	W30	01:08:53	01:03:00
38	8	839	Anila Wagenhofer	LG Sempt		1989	W30	01:04:12	01:03:03
39	9	592	Nathalie Mons			1988	W30	01:03:45	01:03:19
40	3	25	Ann-Katrin Metzger	Scirocco Coaching		1985	W35	01:04:09	01:03:37
41	6	645	Christine Grammer	TV Planegg-Krailling		1982	W40	01:03:53	01:03:44
42	7	670	Anja Blersch	TSV Brannenburg		1979	W40	01:09:39	01:04:05
43	8	818	Juliane Z?ttlein	Running Company		1982	W40	01:04:26	01:04:05
44	6	680	Esther W?lsmann	FC Aschheim		1975	W45	01:04:26	01:04:12
45	9	509	Anna May	AH Oberer Bezirk		1979	W40	01:09:46	01:04:14
46	16	284	Kamila Hasanbega			1996	WU30	01:04:29	01:04:15
47	17	727	Svenja Breier	TSV Gaimersheim		1995	WU30	01:04:45	01:04:29
48	4	577	Daniela Arthofer	TSV Eintracht Karlsfeld - Triathlon		1983	W35	01:04:52	01:04:47
49	10	170	Schweiger Tanja	Nibelungenrun Grossmehring		1979	W40	01:10:41	01:04:53
50	5	863	Sarah Butt			1984	W35	01:10:44	01:04:59
51	2	267	Vera Schinnerl	Erdinger Active Team		1972	W50	01:06:07	01:05:46
52	6	868	Klaudia Fatrian			1986	W35	01:06:07	01:05:48
53	2	367	S?raphine-L?onie Optenhoewel	LG Stadtwerke M?nchen		2006	WJU18	01:11:26	01:05:51
54	3	644	Susanne Maier	Sport Ruscher Team		1971	W50	01:06:48	01:06:28
55	18	222	Nina Teresa Aicher			1994	WU30	01:06:42	01:06:34
56	19	547	Pia W?ginger	LG Stadtwerke M?nchen		1994	WU30	01:12:19	01:06:40
57	7	468	Tanja Ramian	RSG Olympiapark M?nchen		1977	W45	01:12:30	01:06:41
58	4	848	Barbara Gruber	BSV Flughafen M?nchen		1968	W50	01:07:25	01:07:03
59	20	317	Carina Kainz			1999	WU30	01:07:49	01:07:29
60	11	279	Josipa Antic	MM Trening		1982	W40	01:13:02	01:07:33
61	12	893	Bernadette Schnabl	DAV Oberland		1979	W40	01:08:08	01:07:45

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
62	5	217	Christiane Tillschneider	MTV 1862 Pfaffenhofen		1971	W50	01:13:25	01:07:46
63	8	82	Susi Tluck-Meindinger	Petershausen		1977	W45	01:13:25	01:07:51
64	7	664	Silvia Schäfer			1984	W35	01:08:59	01:07:51
65	1	629	Susanne Grammer	TV Planegg-Krailling		1960	W60	01:08:19	01:07:59
66	9	857	Udine Von Diemer			1975	W45	01:13:44	01:07:59
67	8	853	Lisa Sirch			1983	W35	01:08:59	01:08:47
68	9	836	Beatriz Granziera			1986	W35	01:09:05	01:08:52
69	6	291	Anit Hetz	Team Eicherloh		1971	W50	01:09:28	01:09:01
70	10	507	Ann-Katharina Polk	Achilles International Germany		1984	W35	01:14:56	01:09:09
71	13	153	Ariane Bohlemann	Die OKS		1981	W40	01:15:06	01:09:33
72	10	528	Simone Rau	Lufthansa Pinguine		1991	W30	01:15:31	01:09:37
73	7	883	Kathrin Stark	TRi Team Gsenfeld		1972	W50	01:10:04	01:09:42
74	10	463	Anna Heindl			1974	W45	01:15:27	01:09:44
75	11	79	Lisa Spiegler			1991	W30	01:16:06	01:10:17
76	8	871	Marion Eder	LG TUS Mitterfelden		1971	W50	01:16:14	01:10:28
77	14	892	Zita Gagov	Fatiteam		1981	W40	01:10:57	01:10:38
78	11	873	Ilaria Mantovani	MRRC		1987	W35	01:11:13	01:10:40
79	2	486	Kristin Wedepohl-Ernst	MTV 1862 Pfaffenhofen		1958	W60	01:16:30	01:10:52
80	12	314	Katharina Lorenzer	Die Profilagente		1984	W35	01:11:23	01:10:54
81	12	595	Carmen de la Iglesia	S. Kommanda		1989	W30	01:11:32	01:11:13
82	11	574	Birgit Ulbrich	Tennisfreunde Markt Schwaben		1976	W45	01:17:34	01:11:32
83	12	30	Di Nato Jo.			1973	W45	01:17:08	01:11:39
84	2	26	Gabriele Mayr			1964	W55	01:11:57	01:11:40
85	13	523	Katrin Müllegger-Steiger			1977	W45	01:12:54	01:11:42
86	14	361	Sylvia Langer	Team TRInity Coaching		1977	W45	01:17:41	01:11:55
87	9	271	Andrea Bettello	TSV Ismaning		1971	W50	01:17:43	01:11:59
88	13	165	Kathrin Schmuderer			1983	W35	01:17:51	01:12:07
89	3	712	Waltraud Mießlinger	SV Landshut-Münchnerau		1960	W60	01:12:33	01:12:11
90	14	262	Stefanie Enders	Die Run-tastischen 3		1985	W35	01:18:03	01:12:13
91	10	723	Brigitte Bauer			1969	W50	01:17:57	01:12:15
92	13	179	Janneke Oostenrijk	Team Oostenrijk		1988	W30	01:12:43	01:12:19
93	15	730	Annette Kröll			1976	W45	01:12:34	01:12:19
94	21	87	Dana Birkholz			1993	WU30	01:18:22	01:12:35
95	4	138	Christel Heitmüller			1962	W60	01:12:52	01:12:40
96	14	616	Sabrina Maier			1992	W30	01:18:46	01:13:08
97	5	67	Doris Thums	MRRC München		1961	W60	01:19:15	01:13:12
98	11	385	Astrid Scheliga			1968	W50	01:18:56	01:13:20
99	12	233	Nicole Schneider	Westend United e.V.		1972	W50	01:19:30	01:13:50
100	3	617	Katharina Notter			2006	WJU18	01:19:55	01:13:58
101	1	368	Muriel-Alizée Optenhoevel	LG Stadtwerke München		2003	WJU20	01:19:35	01:13:59

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
102	4	743	Floriana Guerrisi	RC Abschnitt Mitte		2005	WJU18	01:20:06	01:14:13
103	15	500	Ela Synowiec-Cerdeiro			1983	W35	01:19:58	01:14:21
104	16	728	Kristina Freymuth			1973	W45	01:15:18	01:14:21
105	16	690	Viktoria Pfaffenrot			1986	W35	01:20:21	01:14:27
106	13	51	Gudrun Moll	IsarRunners		1969	W50	01:20:34	01:14:30
107	17	811	Katrin Hofgartner			1987	W35	01:14:51	01:14:34
108	15	877	Susanne Simsek	RC Abschnitt Mitte		1978	W40	01:20:41	01:14:38
109	1	382	Gabriele Kaiser	SC Unterpfaffenhofen-Germering		1956	W65	01:16:06	01:15:03
110	16	203	Melanie Heiß			1980	W40	01:15:55	01:15:11
111	22	646	Selina Flint	The Flints		1993	WU30	01:21:41	01:15:23
112	15	263	Julia Schmidt	Die Run-tastischen 3		1989	W30	01:21:23	01:15:32
113	17	234	Michaela Schneiderbanger	TSV Eintracht Karlsfeld Triathlon		1981	W40	01:21:26	01:15:45
114	17	388	BIANCA WINARSKY	Runfurther Crew		1976	W45	01:21:30	01:15:49
115	18	150	Mirjam Adelberg			1974	W45	01:21:22	01:15:49
116	18	719	Melanie Brielmeier			1982	W40	01:16:09	01:15:54
117	18	582	Tanja Pavars	Bierfreunde		1983	W35	01:21:55	01:16:02
118	19	707	Alexandra Klein	Freisinger Duo		1974	W45	01:22:22	01:16:26
119	14	242	Grit Lindner	Laufgänse		1970	W50	01:22:12	01:16:27
120	2	710	Jessie-Michelle Ernst	WSV Bad Tölz		2003	WJU20	01:22:25	01:16:29
121	19	554	Sandra Lüders			1979	W40	01:22:21	01:16:38
122	20	654	Nikola Rahm	Riffeladler		1974	W45	01:23:24	01:16:58
123	15	643	Yudelky Escorbores			1971	W50	01:22:47	01:17:05
124	19	771	Alessia Zanin			1984	W35	01:17:36	01:17:10
125	20	70	Inga Glasenapp			1978	W40	01:23:01	01:17:24
126	5	685	Lucia Bacherl	ACCNITE Running		2006	WJU18	01:18:52	01:17:50
127	21	50	Sabrina Kreuz			1980	W40	01:23:26	01:17:52
128	21	151	Katja Racke			1977	W45	01:24:14	01:18:05
129	16	312	Charlotte Malich	Sport Ruscher Team		1968	W50	01:18:50	01:18:36
130	6	416	Sylvette Gommeringer	Number one		1962	W60	01:24:33	01:18:36
131	22	427	Alexandra Boehnke	LifePark Max Ingolstadt e.V.		1974	W45	01:24:23	01:18:39
132	23	174	Karina Sträubig	Lauftreff Kirchseeon		2002	WU30	01:19:42	01:18:49
133	23	516	Birgit Gowling			1974	W45	01:19:43	01:19:02
134	17	389	Barbara Huttner	SpVgg Höhenkirchen		1968	W50	01:24:37	01:19:08
135	18	391	Kathrin Schulz-Sembten	SpVgg Höhenkirchen		1968	W50	01:24:37	01:19:08
136	19	127	Sabine Baumann	TMG		1971	W50	01:25:07	01:19:26
137	22	852	Monika Steinhäuser			1978	W40	01:25:16	01:19:28
138	23	140	Elisabeth Fascher			1978	W40	01:20:16	01:19:36
139	24	16	Daniela Kneucker-Hammer	-		1974	W45	01:25:28	01:19:41
140	25	85	Stephanie Headley	adidas Runners Munich		1977	W45	01:20:50	01:19:42
141	26	243	Nadine Schwarz	Laufgänse		1977	W45	01:25:41	01:19:55

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
142	27	29	Katharina Biebl			1976	W45	01:25:42	01:20:00
143	6	846	ALana Kistner			2006	WJU18	01:21:38	01:20:34
144	20	338	Grit Köhler	Lauftreff Kirchseeon		1971	W50	01:21:36	01:20:39
145	28	692	Katja Adams	Team Erdinger Alkohlfrei / Erdinger Active Team		1973	W45	01:26:42	01:20:57
146	24	289	Katja Hey	Team Erdinger Alkohlfrei / Trisport Erding		1978	W40	01:22:14	01:21:06
147	21	489	Robyn Anderson	Preston Harriers		1972	W50	01:26:56	01:21:08
148	25	390	Beatrice Harbig			1982	W40	01:26:57	01:21:25
149	3	255	Simone Kohn			1966	W55	01:27:38	01:21:49
150	20	407	Janneke Speetjens			1984	W35	01:28:05	01:22:00
151	24	297	Ann-Sophie Böhle	Running Ga(n)g		1996	WU30	01:28:21	01:22:11
152	25	280	Rebecca Leister	Running Ga(n)g		1997	WU30	01:28:22	01:22:14
153	26	287	Lina Petersson	Running Ga(n)g		1999	WU30	01:28:22	01:22:14
154	4	187	Angelika Mathes	WSV Bad Tölz		1963	W55	01:28:02	01:22:15
155	27	152	Rebecca Albrecht	Bexi & Friends		1998	WU30	01:28:22	01:22:18
156	28	731	Andrea Pickert			1999	WU30	01:28:28	01:22:30
157	5	470	Ursula Zimmermann			1966	W55	01:23:37	01:22:41
158	6	822	Sonja Schwaiger			1965	W55	01:24:31	01:23:38
159	29	854	Johanna Schatz	Gambinus Niedergeislbach		2000	WU30	01:29:42	01:23:41
160	1	377	Christiane Göttner	TuS Fürstenfeldbruck e. V.		1952	W70	01:24:08	01:23:50
161	21	166	Bilke Rapp			1985	W35	01:29:46	01:23:52
162	22	721	Christina Jacobs	MTV 1862 Pfaffenhofen		1971	W50	01:24:28	01:23:57
163	23	393	Angela Stangl	SpVgg Höhenkirchen		1971	W50	01:29:35	01:24:04
164	16	437	Charlotte Kuphal			1992	W30	01:30:11	01:24:19
165	17	294	Silvia Burigo Jakovetic	MM Trening		1989	W30	01:29:51	01:24:19
166	30	417	Carolina Völk			1998	WU30	01:30:12	01:24:19
167	31	479	Veronika Herrmann			1993	WU30	01:30:12	01:24:20
168	2	134	Astrid Banaschewski-Mueller			1955	W65	01:30:05	01:24:21
169	26	436	Sandra Breitenlechner	Lang-Läufer		1979	W40	01:31:25	01:25:22
170	22	472	Lenka Debre			1984	W35	01:26:23	01:25:29
171	27	32	Simone Zier	Erdinger Active Team		1979	W40	01:32:00	01:25:49
172	28	497	Sylke Dittrich			1978	W40	01:32:27	01:26:21
173	23	874	Dimitrinka Kisimova			1984	W35	01:32:31	01:26:22
174	7	171	Ute Reutin-Hoffmann	Isarflitzer		1965	W55	01:32:29	01:26:50
175	24	503	Pia Staack	Kommando Fischrikadelle		1984	W35	01:33:06	01:27:00
176	18	716	Monika Ehrenreich	Lauftreff Pfaffenhofen		1991	W30	01:33:13	01:27:19
177	24	876	Almut Burkhardt			1970	W50	01:33:38	01:27:36
178	19	373	Marina Josic			1992	W30	01:27:47	01:27:41
179	25	186	Lena Reichert			1983	W35	01:33:42	01:27:48
180	26	704	Janine Seidl	Lauftreff Pfaffenhofen		1986	W35	01:33:42	01:27:48
181	32	113	Nicola Illenberger			1994	WU30	01:34:00	01:27:59

31. Ismaninger Winterlaufserie 22/23

13.500m - Lauf - 11.12.2022 - Ismaning



Platz	PLAK	StartNr	Name	Verein/Team	Nationalität	Jahrgang	AK	Bruttozeit	Nettozeit
182	29	37	Christina Pickl	Tina & Michi von der Alm		1974	W45	01:34:18	01:28:24
183	33	66	Alina Späth			1997	WU30	01:34:40	01:28:39
184	25	806	Tanja Winter	LG Mettenheim		1969	W50	01:34:57	01:29:09
185	30	573	Monika Brödel			1973	W45	01:35:47	01:30:04
186	34	564	Katharina Westermeier	Johaira's		1993	WU30	01:36:38	01:30:39
187	20	589	Daniela Lochmann	Johairas		1990	W30	01:36:37	01:30:39
188	8	823	Beate Nies			1965	W55	01:32:25	01:31:32
189	27	580	Anna Hornstein			1985	W35	01:38:38	01:32:33
190	9	859	Barbara Winter			1965	W55	01:33:55	01:32:54
191	31	886	Susanne Flöring	SG Poing		1977	W45	01:40:09	01:34:01
192	29	453	Christine Regensburger			1978	W40	01:40:09	01:34:03
193	30	722	Beate Schilling	Lauftreff Pfaffenhofen		1981	W40	01:40:09	01:34:15
194	7	593	Ulla Chwalisz	MRRC München		1959	W60	01:40:29	01:34:31
195	26	164	ISABELL NIKSCH	Sport für Spenden		1970	W50	01:41:43	01:35:35
196	31	57	Yvonne Greulich			1981	W40	01:41:55	01:35:53
197	21	381	Shuting Zhang	Hacki		1992	W30	01:44:43	01:38:36
198	32	232	Christiane Hardt			1978	W40	01:45:06	01:39:03
199	33	321	Bojana Fries			1981	W40	01:45:06	01:39:03
200	35	131	Francisca Andrea Lagos Lopez	LA FAMILIA MADRIGAL		1994	WU30	01:54:10	01:48:13